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Relias Healthcare and MDB Form Collaborative Partnership to Streamline Inpatient-to-Post-Acute Care Transitions Across the Gulf States

Companies plan to connect inpatient, hospital medicine care with a post-acute network to help streamline patient transitions and avoid readmission to the hospital.

Tupelo, MS – November 2026 – Relias Healthcare, one of the leading physician organizations in Mississippi and the surrounding states, which treats more than 700,000 patients annually, is joining with MDB, a leading post-acute medical management provider in Mississippi and the Gulf States, to streamline transitions of care. Blake Jeter, President of Relias Healthcare, said the partnership grows out of hard-won experience: *"Managing over 700,000 patient encounters annually gives us a deep appreciation for how critical the transition out of the acute setting truly is."* He added, *"This partnership with MDB represents a major step forward in addressing an on-going issue in rural communities – getting patients safely to the next level of care. Together, we are bridging traditional healthcare gaps and ensuring safe, uninterrupted patient recovery."*

By combining Relias' acute footprint with MDB's post-acute network of several hundred partners in these states, the partnership aims to address long-standing transition bottlenecks between emergency departments, inpatient facilities, skilled nursing facilities (SNFs), and rehab.

For hospitals, the partnership is expected to accelerate discharges, reduce placement delays, and promote smoother transitions of care. Directed post-acute oversight should also help reduce readmissions, and clinical continuity between Relias and MDB physicians is expected to improve recovery outcomes for patients and their families.

For nursing homes and SNFs, the partnership will provide better hand-offs for admissions to the medical staff and enhance clinical support for hand-offs back to the emergency department.

The transition will be implemented with a strong emphasis on collaboration with current staff, continuity of care for patients, and a smooth onboarding process for clinicians. John Duke, COO of MDB, said the collaboration lets the companies *"align our post-acute recovery strategies with acute inpatient management in real time."* He continued, *"This collaboration will provide value to our partners who are looking for seamless transition and reduced readmissions. We look forward to promoting this collaboration in the region."*



Blake Jeter
Relias Healthcare
President



John Duke
MDB Health Services
Chief Operating Officer

About Relias Healthcare:

Relias Healthcare is a physician-led, provider-focused emergency and hospital medicine management company headquartered in Tupelo, MS, with over 640 clinicians and over 700,000 annual visits. Relias Healthcare provides hospitals with a wide portfolio of management and staffing solutions within the acute care setting of hospital systems, tertiary referral centers and rural community hospitals. Clinicians are our priority, hospitals are our partners, and patients are our purpose.

About MDB:

MDB Health Services is the leader in the Southeast in delivering a "one-stop shop" of healthcare services to patients residing in long term care facilities. Our mission is to close the gaps in access to care while defining the gold standard in quality of care. With hundreds of long-term care trained and specialty-certified providers reaching deep into our rural communities, we are well on our way to delivering on our mission.



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